Welcome to Louisa County Fire and EMS! Congratulations, you have received your ALS precepting packet. First and foremost, if at any time throughout this process you feel that you need more direction or have any questions, please do not hesitate to ask! This is your time to learn us, just as it is our time to learn you. Your success is our gain! You will be assigned a preceptor. It is this person whom will oversee your release. They will assist you with knowledge and direction of patient care, policies, local acclimation, and anything else that may arise. Every effort will be made to accommodate you as a third provider on a transport unit until you become released. However, as situations dictate, occasionally you may be asked to perform as an operator on a two person unit.

Designed to be a three month process, this program will require extra work both while on duty, as well as while at home until all included information is retained. Periodically, written or oral tests may be given by your preceptor to gauge your progress. You should have already received a copy of TJEMS protocols and began to study them. Along with the updated medication list, you will have to demonstrate competency in knowledge of both documents prior to beginning ANY patient care. Included inside this packet are documents to track your progress of each. Once these have been completed, IN THEIR ENTIRETY, you may begin active precepting and conducting patient care under the direct supervision of your preceptor. Once a call is completed, a copy of the call sheet, a call report summary, and a preceptor call review sheet (both found in this packet) should be filled out and placed in this packet for review. Depending upon your relative experience, a determination will be made as to the total number of calls needed for review to achieve release. Either 20(A), 35(B), or 50(C) calls will be required. You will be issued ten call report summaries. Once ten have been completed, your preceptor will turn them in to the EMS supervisor for review and ten new reports will be given. Once this packet AND the required number of call reports are done, AND with the approval and written recommendation of your preceptor, you will be scheduled for a "mega-code" scenario and over-all general knowledge test issued by either George Lindbeck, OMD or the EMS supervisor. Failure to either submit the required documents, gain the recommendation of your preceptor, or successful completion of the practical scenario or general knowledge exam will extend your training for up to 90 additional days. Be aware that once this extension has been exhausted, no further extensions will be granted. except on a case by case basis for extenuating circumstances by the EMS supervisor and Fire Chief. If no further extension is granted, termination of employment will be eminent.

Again, welcome aboard. We hope that you find Louisa County as exhilarating and fulfilling as we each do. Please remember that the purpose of this program is to acclimate you to us and our department as well as TJEMS and their views on EMS. Constructive criticism is a part of precepting and should be accepted. Open communications is a must. Louisa County is located in a region that requires 20 to 60 minutes transport time. Often times this is with critically ill patients. We have no option but to hold our providers to an exceptionally high standard.

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### **County Fire/Rescue Stations**

Preceptee should be able to locate the following stations:

- 1. Louisa Fire Department Company 1/ Louisa Rescue 1
- 2. Mineral Fire Department Company 2/ Mineral Rescue 2
- 3. Bumpass Fire Department/ Lake Anna Rescue 3
- 4. Holly Grove Fire Department Company 4/ Holly Grove Rescue 4
- 5. Locust Creek Fire Department Company 5
- 6. Trevilians Fire and Rescue Company 6
- 7. Zion's Crossroads Fire and Rescue Company 7
- 8. Louisa County Office Building

### **Landing Zones**

The preceptee should be able to notify dispatch of the appropriate landing zone for their location in all areas of Louisa County. Be familiar with how to set up a landing zone and give a scene report to incoming aero medical transport.

Established Landing Zones within Louisa County:

Louisa County airfield

**Piedmont Metals** 

Trevillians Fire Department

Bumpass airfield

Zion's Crossroad dialysis center

Wares Crossroad (Dickenson's store)

#### **Louisa County Main Roads**

Preceptee should be able to complete a road test by the end of their preception. Knowledge of the main roads and the first due areas is key to a timely response.

- Rt. 15 James Madison Hwy
- Rt. 22 Louisa Rd
- Rt. 33 S. Spotswood Trail AND Jefferson Hwy
- Rt. 250 Three Notch Rd
- Rt. 522 Cross-County Rd AND Zachary Taylor Hwy
- Rt. 208 Courthouse Rd AND New Bridge Rd
- Rt. 652 Kentucky Springs Rd
- Rt. 618 Fredricks Hall AND Belches Rd
- Rt. 605 Willis Proffitt Rd AND Shannon Hill

Interstate 64 and all Louisa County exits 136, 143, 148, 152 (not Louisa County,) and 159

## **Adult Guidelines**

Preceptee shall know and be able to discuss the patient care guidelines below and their applications set forth by TJEMS.

Adult	Guideline	Preceptor	Preceptee
Abdominal pain			
Alcohol related			
Cardiac	Asystole		
	Atrial Fibrillation/ flutter		
	Bradycardia/ Heart Blocks		
	Chest Pain		
	Acute Coronary Syndrome 12 Lead		
	Tachycardia/ Paroxysmal SVT		
	V-fibrillation/ Pulseless V-Tach		
	Ventricular Tachycardia		
Environmental			
	Envenomation		
	Hyperthermia		
	Hypothermia		
	Near Drowning		
General Medical			
	Hypotension		
	Severe Allergic Reaction		
Neurological			
	Altered Level of Consciousness		
	Seizures		
	Stroke/CVA		
OB-GYN			
	Childbirth		
	Sexual Assault		
	Vaginal Bleeding		
Psychological			
	Emotionally Disturbed		
Pulmonary			
Emergencies			
	Respiratory Distress		
Toxicology			
	Poisoning		
	Overdose		
Trauma			
	Amputations		
	Burns		
	CNS Injuries		
	General Management		

## **Pediatric Guidelines**

Preceptee shall know and be able to discuss the patient care guidelines below and their applications set forth by TJEMS.

Pediatrics	Guideline	Preceptor	Preceptee
Arrest/ Pre-arrest	General management of arrest/ pre-		
Cardiology	arrest		
	Asystole/PEA		
	Bradycardia (Symptomatic)		
	Tachycardia/ Paroxysmal SVT		
	Ventricular Fibrillation/ Pulseless VT		
	Ventricular Tachycardia		
Environmental			
	Hyperthermia		
	Near Drowning		
General Medical			
	Severe Allergic Reaction		
Neurological			
	Altered Level of Consciousness		
	Seizures		
OB/GYN			
	Newborn Resuscitation		
Pulmonary			
Emergencies			
	Respiratory Distress		
Toxicology			
	Poisoning/Overdose		
Trauma			
	Amputation		
	Burns		
	CNS Injuries		
	General Management		

# **Medications (TJEMS/ ODEMSA)**

For each medication listed below, know the indication, contraindications, side effects, dose, routes, and how it is supplied.

Medication	Date	Preceptor	Preceptee
Adenosine			
Albuterol			
Amiodarone			
Aspirin			
Atropine Sulfate			
Calcium Chloride 10%			
50% Dextrose			
Diazepam			
**Diltiazem			
Diphenhydramine HCL			
Dopamine HCL			
Epinephrine 1:1000			
Epinephrine 1:10,000			
Furosemide			
Glucagon			
Haldol			
Ipratropium			
Magnesium Sulfate			
Metoprolol			
Methylpredisolone			
Midazolam			
Morphine Sulfate			
Naloxone HCL			
Nitroglyerine			
Nitropaste			
Ondansetron			
Promethazine			
Sodium Bicarbonate			
Vasopressin			
**Ziprasidone HCL (Geodon)			

<sup>\*\*</sup> Found **ONLY** in ODEMSA boxes

# **ECG Monitor/AED Operation**

Preceptee should be able to demonstrate knowledge and operation of the following Monitors/AEDs. Knowledge base shall contain ability to demonstrate the use all the specific machines capacities including defibrillation, pacing, cardioversion, as well as troubleshooting techniques.

Phillips	12- lead	
	Defibrillation	
	Cardioversion	
	Pacing	
	NIBP	
	SPO2	
	Capnography	
	Daily check/	
	troubleshooting	

Lifepack 12	12- lead	
	Defibrillation	
	Cardioversion	
	Pacing	
	NIBP	
	SPO2	
	Capnography	
	Daily Checks/ troubleshooting	•
	troubleshooting	

Zoll M series	12-lead	
	Defibrillation	
	Cardioversion	
	Pacing	
	NIBP	
	SPO2	
	Capnography	
	Daily Check/ troubleshooting	
	troubleshooting	

#### **ECG Interpretation**

Interpretation of 12 lead ECG's is imperative in the field for our profession. This needs to be a continuously practiced process for all providers.

Preceptee shall des	cribe proper anatomical 12 lea	d electrode placements.
V1	V2	V3
V4	V5	V6

Preceptee can demonstrate proper lead placement for the 12 Lead ECG. As well as identify the Inferior, Septal, Anterior, and Lateral sections of the 12 lead ECG. Preceptee should have knowledge of how to interpret 12 lead and how to notify hospital of patient's ECG findings. Preceptee should be well versed in notifying hospital of a STEMI, and treatment thereof.

12 lead placement	Date	Preceptor	Preceptee

Preceptee shall be able to interpret, and treat the following rhythms:

Sinus Rhythm	
Atrial Fibrillation	
Atrial Tachycardia	
Sinus arrest	
Sinus Tachycardia/SVT	
Type I &II, Complete Heart	
Blocks	
Sinus Bradycardia	
Ventricular	
Tachycardia/Fibrillation	
PEA	
Asystole	
Junctional, Idioventricular	

## Specialized equipment

Preceptee shall have thorough knowledge of all departmental equipment, its usage and care. Below is a list of specialized equipment utilized by Louisa County Department of Fire and EMS. Preceptees shall demonstrate its use and discuss applications for each.

Equipment	Date	Preceptor	Preceptee
	T		
CPAP			
Doppler			
E-Z IO			
Jamshidi IO			
Gum Bougie			
Surgical Airway			
NG/OG tubes			
King airway 4,5,6			

## **Specialized Skill Set**

Preceptee shall demonstrate knowledge of lesser practiced ALS skills listed below.

Skill	Date	Preceptor	Preceptee
EJ access			
Central Access Port			
Chest decompression			
Needle-Surgical			
Cricothyrotomy			
Naso/ Endotracheal			
Intubation			

# **TJEMS/Louisa County specific policies**

Policy	Date	Preceptor	Preceptee
Refusals (all ages)			
Airway form			
HIPPA/ Billing			

#### **Communications**

Preceptee shall demonstrate ability to effectively communicate with Louisa County Dispatch and UVA Medcom via cellular telephone AND high band mobile radio the following information.

	Preceptor	Preceptee	
Louisa ECC			
Medical command			
STEMI Alert			
Stroke Alert			
Trauma Alert			
Any critically ill patient			

## **Hospitals**

Preceptee shall know ALL hospitals Louisa County DFEMS transports to and at least one main route of travel to each of the below.

	Preceptor	Preceptee
**UVA		
**MCV/ VCU		
Martha Jefferson		
St. Mary's		
HDH- Paraham		
HDH-Forrest		
Culpeper		

<sup>\*\*</sup> Regional Trauma Centers

# **Call Sheet Review Summary**

Preceptee	Preceptor
Dispatched Call:	Incident Number
Chief Complaint:	Date
PMH:	
PE:	
TX Response:	
Differential Diagnosis: List three differeach.	rential considerations and the treatment for or rule out of
1	
2.	
3.	
Vital Signs and ECG interpretation	

Attach ECG strip to back of summary

# **Preceptor Call Review Sheet**

Preceptor			_	Incident Number				
Dispatched Call								_
Please review at the co preceptee your marks I utilize the comment se to steer the preceptee	belo ctio	w. P n to	leas elab	e us orat	e the te on	scale as 1= po any notewort	nce observe oor 5= ou	ed, and share with the
Area	Sco	ore				Preceptor		Preceptee
Scene Management	1	2	3	4	5			
Bedside Manner	1	2	3	4	5			
Patient Assessment	1	2	3	4	5			
Guideline Knowledge	1	2	3	4	5			
Skill Performance	1	2	3	4	5			
Nurse Report	1	2	3	4	5			
Documentation	1	2	3	4	5			
Supply Restocking	1	2	3	4	5			
Comments below								
								·····
								· · · · · · · · · · · · · · · · · · ·